

Serving the dental community for over 20 years!

HOME CARE INSTRUCTIONS FOR OPTIMAL RESULTS

Sleep Apnea & TMJ Oral Appliances

- Consistently wear appliance as instructed.
- Rinse & gently brush your appliance in the morning after every use. Place in storage container to dry
- Avoid soaking appliance in mouth wash.
- Keep appliance out of reach of pets & children.
- At first, some tooth & jaw tenderness is normal. If symptoms persist or become painful, please contact our office immediately.
- Keep follow-up appointments as directed.

Call us today if you have any questions

Open 6:30am–7pm!

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