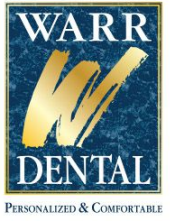


Fluoride Custom Tray Instructions

for Optimal Results



- Always brush & floss your teeth first.
- Apply a thin ribbon of fluoride paste around inside edge of trays.
- Insert trays into mouth. Bite together to seat the trays properly.
- Remove any excess paste with tissue or Q-tip. Spit out the rest.
- Wear 5–10 minutes daily as instructed.
- After use, do not rinse your mouth, eat or drink anything for 30 minutes.
- Rinse excess fluoride out of trays.
- Store trays in a small amount of water in container provided.
- Keep fluoride tray out of reach of pets & children.
- Maintain good oral hygiene.
- Keep follow-up appointments as directed.

Call us today if you have any questions

Open 7am–7pm!

1045 East 3900 South, Suite 100, Millcreek, Utah 84124
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